Readings January 2024 to August 2024

January 7

A READING FROM THE prophet Isaiah.

Thus says the LORD: Here is my servant whom I uphold, my chosen one with whom I am pleased, upon whom I have put my spirit; he shall bring forth justice to the nations, not crying out, not shouting, not making his voice heard in the street. a bruised reed he shall not break, and a smoldering wick he shall not guench, until he establishes justice on the earth; the coastlands will wait for his teaching. I, the LORD, have called you for the victory of justice, I have grasped you by the hand; I formed you, and set you as a covenant of the people, a light for the nations, to open the eyes of the blind, to bring out prisoners from confinement, and from the dungeon, those who live in darkness.

The Word of the Lord

Isaiah 42.1-4, 6-7

Responsorial PSALM

Psalm 29:1-2, 3-4, 3, 9-10

R: The Lord will bless his people with peace.

Give to the LORD, you sons of God, give to the LORD glory and praise, Give to the LORD the glory due his name; adore the LORD in holy attire.

R. The Lord will bless his people with peace.

The voice of the LORD is over the waters, the LORD, over vast waters.

The voice of the LORD is mighty; the voice of the LORD is majestic.

R. The Lord will bless his people with peace.

The God of glory thunders, and in his temple all say, "Glory!" The LORD is enthroned above the flood; the LORD is enthroned as king forever. R. The Lord will bless his people with peace.

A READING FROM the Actos of the Apostles.

Peter proceeded to speak to those gathered

in the house of Cornelius, saying:
"In truth, I see that God shows no partiality.
Rather, in every nation whoever fears him and acts uprightly is acceptable to him.
You know the word that he sent to the Israelites as he proclaimed peace through Jesus Christ, who is Lord of all, what has happened all over Judea, beginning in Galilee after the baptism that John preached, how God anointed Jesus of Nazareth with the Holy Spirit and power.
He went about doing good and healing all those oppressed by the devil, for God was with him."

The word of the Lord.

Thanks be to God.

Acts 10.34-38

The Lord be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Mark. Glory to you, Lord Jesus Christ.

This is what John the Baptist proclaimed:

"One mightier than I is coming after me.

I am not worthy to stoop and loosen the thongs of his sandals.

I have baptized you with water;

he will baptize you with the Holy Spirit."

It happened in those days that Jesus came from Nazareth of Galilee and was baptized in the Jordan by John.

On coming up out of the water he saw the heavens being torn open and the Spirit, like a dove, descending upon him.

And a voice came from the heavens,

"You are my beloved Son; with you I am well pleased."

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

Mark 1.7-11

January 14 Second Sunday after the Epiphany

A READING FROM THE FIRST BOOK OF SAMUEL

Samuel was sleeping in the temple of the LORD where the ark of God was.

The LORD called to Samuel, who answered, "Here I am."

Samuel ran to Eli and said, "Here I am. You called me."

"I did not call you, " Eli said. "Go back to sleep."

So he went back to sleep.

Again the LORD called Samuel, who rose and went to Eli.

"Here I am, " he said. "You called me."

But Eli answered, "I did not call you, my son. Go back to sleep."

At that time Samuel was not familiar with the LORD, because the LORD had not revealed anything to him as yet. The LORD called Samuel again, for the third time. Getting up and going to Eli, he said, "Here I am. You called me." Then Eli understood that the LORD was calling the youth. So he said to Samuel, "Go to sleep, and if you are called, reply, Speak, LORD, for your servant is listening." When Samuel went to sleep in his place, the LORD came and revealed his presence, calling out as before, "Samuel, Samuel!" Samuel answered, "Speak, for your servant is listening."

Samuel grew up, and the LORD was with him, not permitting any word of his to be without effect. The Word of the Lord

1 SAMUEL 3:3b-10, 19

Responsorial Pslam.....PSALM 139:1-5, 12-17

REFRAIN Here am I, Lord; I come to do your will.

I have waited, waited for the LORD, and he stooped toward me and heard my cry. And he put a new song into my mouth, a hymn to our God.

R. Here am I, Lord; I come to do your will.

Sacrifice or offering you wished not, but ears open to obedience you gave me. Holocausts or sin-offerings you sought not; then said I, "Behold I come."

R. Here am I, Lord; I come to do your will.

"In the written scroll it is prescribed for me, to do your will, O my God, is my delight, and your law is within my heart!"

R. Here am I, Lord; I come to do your will.

I announced your justice in the vast assembly; I did not restrain my lips, as you, O LORD, know.

R. Here am I, Lord; I come to do your will.

A READING FROM THE FIRST LETTER OF PAUL TO THE CORINTHIANS

Brothers and sisters:

The body is not for immorality, but for the Lord, and the Lord is for the body;
God raised the Lord and will also raise us by his power.

Do you not know that your bodies are members of Christ? But whoever is joined to the Lord becomes one Spirit with him. Avoid immorality.

Every other sin a person commits is outside the body, but the immoral person sins against his own body. Do you not know that your body is a temple of the Holy Spirit within you, whom you have from God, and that you are not your own? For you have been purchased at a price. Therefore glorify God in your body.

The word of the Lord.

Thanks be to God.

1 CORINTHIANS 6:13c-15a, 17-20

The Lord be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to John. **Glory to you, Lord Jesus Christ.**

John was standing with two of his disciples, and as he watched Jesus walk by, he said, "Behold, the Lamb of God."

The two disciples heard what he said and followed Jesus.

Jesus turned and saw them following him and said to them,

"What are you looking for?"

They said to him, "Rabbi" — which translated means Teacher —,

"where are you staying?"

He said to them, "Come, and you will see."

So they went and saw where Jesus was staying,

and they stayed with him that day.

It was about four in the afternoon.

Andrew, the brother of Simon Peter,

was one of the two who heard John and followed Jesus.

He first found his own brother Simon and told him.

"We have found the Messiah" — which is translated Christ —.

Then he brought him to Jesus.

Jesus looked at him and said,

"You are Simon the son of John;

you will be called Cephas" — which is translated Peter.

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

JOHN 1:35-42

January 21 Third Sunday after the Epiphany

A READING FROM THE BOOK OF JONAH

The word of the Lord came to Jonah a second time, saying, "Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you." So Jonah set out and went to Nineveh, according to the word of the Lord. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!" And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth. When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

The word of the Lord

JONAH 3:1-5, 10

Responsorial Pslam......PSALM **25:4-5, 6-7, 8-9**

REFRAIN Teach me your ways, O Lord.

Your ways, O LORD, make known to me; teach me your paths, Guide me in your truth and teach me, for you are God my savior.
R. **Teach me your ways, O Lord.**

Remember that your compassion, O LORD, and your love are from of old. In your kindness remember me, because of your goodness, O LORD. R. **Teach me your ways, O Lord.**

Good and upright is the LORD; thus he shows sinners the way. He guides the humble to justice and teaches the humble his way. R. **Teach me your ways, O Lord.**

A READING FROM THE FIRST LETTER OF PAUL TO THE CORINTHIANS

I mean, brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none, and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no possessions, and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away.

The word of the Lord.

Thanks be to God.

1 CORINTHIANS 7:29-31

The Lord be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Mark. Glory to you, Lord Jesus Christ.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news." As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea - for they were fishermen. And Jesus said to them, "Follow me and I will make you fish for people." And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

MARK 1:14-20

January 28 Fourth Sunday after the Epiphany

A READING FROM THE BOOK OF DEUTERONOMY

The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: "If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die." Then the Lord replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak - that prophet shall die."

The Word of the Lord

DEUTERONOMY 18:15-20

Responsorial Psalm......Ps 95:1-2, 6-7, 7-9

REFRAIN If today you hear his voice, harden not your hearts.

Come, let us sing joyfully to the LORD; let us acclaim the rock of our salvation. Let us come into his presence with thanksgiving; let us joyfully sing psalms to him.

R. If today you hear his voice, harden not your hearts.

Come, let us bow down in worship; let us kneel before the LORD who made us. For he is our God, and we are the people he shepherds, the flock he guides. R. If today you hear his voice, harden not your hearts.

Oh, that today you would hear his voice:
"Harden not your hearts as at Meribah,
as in the day of Massah in the desert,
Where your fathers tempted me;
they tested me though they had seen my works."
R. If today you hear his voice, harden not your hearts.

A READING FROM THE FIRST LETTER OF PAUL TO THE CORINTHIANS

Brothers and sisters:

I should like you to be free of anxieties.

An unmarried man is anxious about the things of the Lord,

how he may please the Lord.

But a married man is anxious about the things of the world,

how he may please his wife, and he is divided.

An unmarried woman or a virgin is anxious about the things of the Lord, so that she may be holy in both body and spirit.

A married woman, on the other hand, is anxious about the things of the world, how she may please her husband.

I am telling you this for your own benefit,

not to impose a restraint upon you,

but for the sake of propriety

and adherence to the Lord without distraction.

The word of the Lord.

Thanks be to God.

1 CORINTHIANS **7:32-35**

The Lord be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Mark. Glory to you, Lord Jesus Christ.

They went to Capernaum; and when the sabbath came, Jesus entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching - with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

The Gospel of Christ. **Praise to you, Lord Jesus Christ.**

MARK 1:21-28

Fifth Sunday after the Epiphany - February 4, 2024

A READING FROM THE BOOK OF JOB

Job spoke, saying:
Is not man's life on earth a drudgery?
Are not his days those of hirelings?
He is a slave who longs for the shade,
a hireling who waits for his wages.
So I have been assigned months of misery,
and troubled nights have been allotted to me.
If in bed I say, "When shall I arise?"
then the night drags on;
I am filled with restlessness until the dawn.
My days are swifter than a weaver's shuttle;
they come to an end without hope.
Remember that my life is like the wind;
I shall not see happiness again.

The word of the Lord

Job 7:1-4, 6-7

Responsorial Psalm	Ps	147:1-	2, 3-4	1, 5	-6
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REFRAIN Praise the Lord, who heals the brokenhearted.

Praise the LORD, for he is good; sing praise to our God, for he is gracious; it is fitting to praise him. The LORD rebuilds Jerusalem; the dispersed of Israel he gathers.

R. Praise the Lord, who heals the brokenhearted.

He heals the brokenhearted and binds up their wounds. He tells the number of the stars; he calls each by name.

R. Praise the Lord, who heals the brokenhearted.

Great is our Lord and mighty in power; to his wisdom there is no limit. The LORD sustains the lowly; the wicked he casts to the ground.

R. Praise the Lord, who heals the brokenhearted.

A READING FROM THE FIRST LETTER OF PAUL TO THE CORINTHIANS

Brothers and sisters:

If I preach the gospel, this is no reason for me to boast, for an obligation has been imposed on me, and woe to me if I do not preach it!

If I do so willingly, I have a recompense, but if unwillingly, then I have been entrusted with a stewardship. What then is my recompense?

That, when I preach, I offer the gospel free of charge so as not to make full use of my right in the gospel.

Although I am free in regard to all,
I have made myself a slave to all
so as to win over as many as possible.
To the weak I became weak, to win over the weak.
I have become all things to all, to save at least some.
All this I do for the sake of the gospel,
so that I too may have a share in it.

The word of the Lord.

Thanks be to God.

1 CORINTHIANS 9:16-19, 22-23

The Lord be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Mark. Glory to you, Lord Jesus Christ.

As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told Jesus about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighbouring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

The Gospel of Christ. **Praise to you, Lord Jesus Christ.**

MARK 1:29-39

February 11 Transfiguration Sunday - February 11, 2024

A READING FROM THE BOOK OF DANIEL

Daniel wrote, "As I watched, thrones were set in place, and an Ancient One took his throne, his clothing was white as snow, and the hair of his head like pure wool; his throne was fiery flames, and its wheels were burning fire. A stream of fire issued and flowed out from his presence. A thousand thousands served him, and ten thousand times ten thousand stood attending him. The court sat in judgement, and the books were opened. As I watched in the night visions, I saw one like a human being coming with the clouds of heaven. And he came to the Ancient One and was presented before him. To him was given dominion and glory and kingship, that all peoples, nations, and languages should serve him. His dominion is an everlasting dominion that shall not pass away, and his kingship is one that shall never be destroyed."

The word of the Lord

DANIEL 7:9-10, 13-14

PSALM 99

REFRAIN The Lord our God is the Holy One.

The Lord is king; let the people tremble; he is enthroned upon the Cherubim; let the earth shake. The Lord is great in Zion; he is high above all peoples. Let them confess his name, which is great and awesome; he is the Holy One. R

"O mighty King, lover of justice, you have established equity; you have executed justice and righteousness in Jacob." Proclaim the greatness of the Lord our God and fall down before his footstool; he is the Holy One. R

Moses and Aaron among his priests, and Samuel among those who call upon his name, they called upon the Lord, and he answered them. He spoke to them out of the pillar of cloud; they kept his testimonies and the decree that he gave them. R

"O Lord our God, you answered them indeed; you were a God who forgave them, yet punished them for their evil deeds." Proclaim the greatness of the Lord our God and worship him upon his holy hill; for the Lord our God is the Holy One. R

A READING FROM THE SECOND LETTER OF PETER

We did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty. For he received honour and glory from God the Father when that voice was conveyed to him by the Majestic Glory, saying, "This is my Son, my Beloved, with whom I am well pleased." We ourselves heard this voice come from heaven, while we were with him on the holy mountain. So we have the prophetic message more fully confirmed. You will do well to be attentive to this as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts.

The word of the Lord.

Thanks be to God.

2 PETER 1:16-19

The Lord be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Luke. **Glory to you, Lord Jesus Christ.**

Jesus took with him Peter and John and James, and went up on the mountain to pray. And while he was praying, the appearance of his face changed, and his clothes became dazzling white. Suddenly they saw two men, Moses and Elijah, talking to him. They appeared in glory and were speaking of his departure, which he was about to accomplish at Jerusalem. Now Peter and his companions were weighed down with sleep; but since they had stayed awake, they saw his glory and the two men who stood with him. Just as they were leaving him, Peter said to Jesus, "Master, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah" not knowing what he said. While he was saying this, a cloud came and overshadowed them; and they were terrified as they entered the cloud. Then from the cloud came a voice that said, "This is my Son, my Chosen; listen to him!" When the voice had spoken, Jesus was found alone. And they kept silent and in those days told no one any of the things they had seen.

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

LUKE 9:28-36

First Sunday in Lent - February 18, 2024

A READING FROM THE BOOK OF GENESIS

God said to Noah and to his sons with him:
"See, I am now establishing my covenant with you and your descendants after you and with every living creature that was with you: all the birds, and the various tame and wild animals that were with you and came out of the ark.
I will establish my covenant with you, that never again shall all bodily creatures be destroyed by the waters of a flood; there shall not be another flood to devastate the earth."
God added:

"This is the sign that I am giving for all ages to come, of the covenant between me and you and every living creature with you:
I set my bow in the clouds to serve as a sign of the covenant between me and the earth.
When I bring clouds over the earth, and the bow appears in the clouds,
I will recall the covenant I have made between me and you and all living beings, so that the waters shall never again become a flood to destroy all mortal beings."

The word of the Lord.

Thanks be to God.

GENESIS 9:8-15

Responsorial Psalm......Ps 25:4-5, 6-7, 8-9.

REFRAIN Your ways, O Lord, are love and truth to those who keep your covenant.

Your ways, O LORD, make known to me; teach me your paths,
Guide me in your truth and teach me,
for you are God my savior.

R. Your ways, O Lord, are love and truth to those who keep your covenant.

Remember that your compassion, O LORD, and your love are from of old. In your kindness remember me, because of your goodness, O LORD.

R. Your ways, O Lord, are love and truth to those who keep your covenant.

Good and upright is the LORD, thus he shows sinners the way. He guides the humble to justice, and he teaches the humble his way.

R. Your ways, O Lord, are love and truth to those who keep your covenant.

A READING FROM THE FIRST LETTER OF PETER

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you -not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

The word of the Lord

1 PETER 3:18-22

The Lord be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Mark. Glory to you, Lord Jesus Christ.

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

MARK 1:9-15

Second Sunday in Lent - February 25, 2024

A READING FROM THE BOOK OF GENESIS

When Abram was ninety-nine years old, the Lord appeared to Abram, and said to him, "I am God Almighty; walk before me, and be blameless. And I will make my covenant between me and you, and will make you exceedingly numerous." Then Abram fell on his face; and God said to him, "As for me, this is my covenant with you: You shall be the ancestor of a multitude of nations. No longer shall your name be Abram, but your name shall be Abraham; for I have made you the ancestor of a multitude of nations. I will make you exceedingly fruitful; and I will make nations of you, and kings shall come from you. I will establish my covenant between me and you, and your offspring after you throughout their generations, for an everlasting covenant, to be God to you and to your offspring after you. As for Sarai your wife, you shall not call her Sarai, but Sarah shall be her name. I will bless her, and moreover I will give you a son by her. I will bless her, and she shall give rise to nations; kings of peoples shall come from her."

The word of the Lord.

Thanks be to God.

GENESIS 17:1-7, 15-16

PSALM 22:22-30 REFRAIN **All the ends of the earth shall turn to the Lord.**

Praise the Lord, you that fear him; stand in awe of him, O offspring of Israel; all you of Jacob's line, give glory. For he does not despise nor abhor the poor in their poverty; neither does he hide his face from them; but when they cry to him he hears them. *R*

My praise is of him in the great assembly; I will perform my vows in the presence of those who worship him. The poor shall eat and be satisfied, and those who seek the Lord shall praise him: "May your heart live for ever!" All the ends of the earth shall remember and turn to the Lord, and all the families of the nations shall bow before him. *R*

For kingship belongs to the Lord; he rules over the nations. To him alone all who sleep in the earth bow down in worship; all who go down to the dust fall before him. *R*

My soul shall live for him; my descendants shall serve him; they shall be known as the Lord's for ever. They shall come and make known to a people yet unborn the saving deeds that he has done. **R**

A READING FROM THE LETTER OF PAUL TO THE ROMANS

The promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations") in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist. Hoping against hope, he believed that he would become "the father of many nations," according to what was said, "So numerous shall your descendants be." He did not weaken in faith when he considered his own body, which was already as good as dead (for he was about a hundred years old), or when he considered the barrenness of Sarah's womb. No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, being fully convinced that God was able to do what he had promised. Therefore his faith "was reckoned to him as righteousness." Now the words, "it was reckoned to him," were written not for his sake alone, but for ours also. It will be reckoned to us who believe in him who raised Jesus our Lord from the dead, who was handed over to death for our trespasses and was raised for our justification.

The word of the Lord.

ROMANS 4:13-25

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Mark. Glory to you, Lord Jesus Christ.

Jesus began to teach his disciples that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, "Get behind me, Satan! For you are setting your mind not on divine things but on human things." He called the crowd with his disciples, and said to them, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels."

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

MARK 8:31-38

Third Sunday in Lent - March 3, 2024

A READING FROM THE BOOK OF EXODUS

In those days, in their thirst for water, the people grumbled against Moses, saying, "Why did you ever make us leave Egypt? Was it just to have us die here of thirst with our children and our livestock?" So Moses cried out to the LORD, "What shall I do with this people? a little more and they will stone me!" The LORD answered Moses, "Go over there in front of the people, along with some of the elders of Israel, holding in your hand, as you go, the staff with which you struck the river. I will be standing there in front of you on the rock in Horeb. Strike the rock, and the water will flow from it for the people to drink." This Moses did, in the presence of the elders of Israel. The place was called Massah and Meribah. because the Israelites guarreled there and tested the LORD, saying, "Is the LORD in our midst or not?"

The word of the Lord.

Thanks be to God.

EXODUS 17.3-7

Responsorial Psalm.....95:1-2, 6-7, 8-9

REFRAIN If today you hear his voice, harden not your hearts.

Come, let us sing joyfully to the LORD; let us acclaim the Rock of our salvation. Let us come into his presence with thanksgiving; let us joyfully sing psalms to him. R. If today you hear his voice, harden not your hearts.

Come, let us bow down in worship;
let us kneel before the LORD who made us.
For he is our God,
and we are the people he shepherds, the flock he guides.
R. If today you hear his voice, harden not your hearts.

Oh, that today you would hear his voice:

"Harden not your hearts as at Meribah,
as in the day of Massah in the desert,
Where your fathers tempted me;
they tested me though they had seen my works."
R. If today you hear his voice, harden not your hearts.

A READING FROM THE FIRST LETTER OF PAUL TO THE Romans

Brothers and sisters:
Since we have been justified by faith,
we have peace with God through our Lord Jesus Christ,
through whom we have gained access by faith
to this grace in which we stand,
and we boast in hope of the glory of God.
And hope does not disappoint,
because the love of God has been poured out into our hearts
through the Holy Spirit who has been given to us.
For Christ, while we were still helpless,
died at the appointed time for the ungodly.
Indeed, only with difficulty does one die for a just person,
though perhaps for a good person one might even find courage to die.
But God proves his love for us
in that while we were still sinners Christ died for us.

The word of the Lord.

Rom 5:1-2, 5-8

The Lord be with you. And also with you.

The Holy Gospel of our Lord Jesus Christ according to John. Glory to you, Lord Jesus Christ.

Jesus came to a town of Samaria called Sychar, near the plot of land that Jacob had given to his son Joseph. Jacob's well was there.

Jesus, tired from his journey, sat down there at the well.

It was about noon.

A woman of Samaria came to draw water.

Jesus said to her.

"Give me a drink."

His disciples had gone into the town to buy food.

The Samaritan woman said to him.

"How can you, a Jew, ask me, a Samaritan woman, for a drink?"

—For Jews use nothing in common with Samaritans.—

Jesus answered and said to her,

"If you knew the gift of God

and who is saying to you, 'Give me a drink, '

you would have asked him

and he would have given you living water."

The woman said to him,

"Sir, you do not even have a bucket and the cistern is deep;

where then can you get this living water?

Are you greater than our father Jacob,

who gave us this cistern and drank from it himself

with his children and his flocks?"

Jesus answered and said to her,

"Everyone who drinks this water will be thirsty again;

but whoever drinks the water I shall give will never thirst;

the water I shall give will become in him

a spring of water welling up to eternal life."

The woman said to him,

"Sir, give me this water, so that I may not be thirsty or have to keep coming here to draw water.

"I can see that you are a prophet.

Our ancestors worshiped on this mountain;

but you people say that the place to worship is in Jerusalem." Jesus said to her.

"Believe me, woman, the hour is coming

when you will worship the Father

neither on this mountain nor in Jerusalem.

You people worship what you do not understand;

we worship what we understand,

because salvation is from the Jews.

But the hour is coming, and is now here,

when true worshipers will worship the Father in Spirit and truth; and indeed the Father seeks such people to worship him.

God is Spirit, and those who worship him

must worship in Spirit and truth."

The woman said to him,

"I know that the Messiah is coming, the one called the Christ; when he comes, he will tell us everything."

Jesus said to her,

"I am he, the one who is speaking with you."

Many of the Samaritans of that town began to believe in him.

When the Samaritans came to him,

they invited him to stay with them;

and he stayed there two days.

Many more began to believe in him because of his word, and they said to the woman,

"We no longer believe because of your word;

for we have heard for ourselves,

and we know that this is truly the savior of the world."

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

Jn 4:5-15, 19b-26, 39a, 40-42

Fourth Sunday in Lent - March 10, 2024

A READING FROM THE BOOK OF Samuel

The LORD said to Samuel:

"Fill your horn with oil, and be on your way.

I am sending you to Jesse of Bethlehem,

for I have chosen my king from among his sons."

As Jesse and his sons came to the sacrifice,

Samuel looked at Eliab and thought,

"Surely the LORD's anointed is here before him."

But the LORD said to Samuel:

"Do not judge from his appearance or from his lofty stature,

because I have rejected him.

Not as man sees does God see,

because man sees the appearance

but the LORD looks into the heart."

In the same way Jesse presented seven sons before Samuel,

but Samuel said to Jesse.

"The LORD has not chosen any one of these."

Then Samuel asked Jesse,

"Are these all the sons you have?"

Jesse replied,

"There is still the youngest, who is tending the sheep."

Samuel said to Jesse,

"Send for him; we will not begin the sacrificial banquet until he arrives here."

Jesse sent and had the young man brought to them.

He was ruddy, a youth handsome to behold and making a splendid appearance.

The LORD said,

"There—anoint him, for this is the one!"

Then Samuel, with the horn of oil in hand,

anointed David in the presence of his brothers;

and from that day on, the spirit of the LORD rushed upon David.

The word of the Lord.

Thanks be to God.

1 Sm 16:1b, 6-7, 10-13a

PSALM 107:1-3, 17-22

REFRAIN Give thanks to the Lord, for he is good.

Give thanks to the Lord, for he is good, and his mercy endures for ever. Let all those whom the Lord has redeemed proclaim that he redeemed them from the hand of the foe. He gathered them out of the lands; from the east and from the west, from the north and from the south. R

Some were fools and took to rebellious ways; they were afflicted because of their sins. They abhorred all manner of food and drew near to death's door. Then they cried to the Lord in their trouble, and he delivered them from their distress. R

He sent forth his word and healed them and saved them from the grave. Let them give thanks to the Lord for his mercy and the wonders he does for his children. Let them offer a sacrifice of thanksgiving and tell of his acts with shouts of joy. R

A READING FROM THE LETTER OF PAUL TO THE EPHESIANS

Brothers and sisters: You were once darkness. but now you are light in the Lord. Live as children of light, for light produces every kind of goodness and righteousness and truth. Try to learn what is pleasing to the Lord. Take no part in the fruitless works of darkness; rather expose them, for it is shameful even to mention the things done by them in secret; but everything exposed by the light becomes visible, for everything that becomes visible is light. Therefore, it says: "Awake, O sleeper, and arise from the dead, and Christ will give you light."

The word of the Lord.

EPHESIANS 5.8-14

The Lord be with you. And also with you.

The Holy Gospel of our Lord Jesus Christ according to John. **Glory to you, Lord Jesus Christ.**

Jesus said, "Just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. And this is the judgement, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God."

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

JOHN 3:14-21

Fifth Sunday in Lent - March 17, 2024

A READING FROM THE BOOK OF JEREMIAH

The days are surely coming, says the Lord, when I will make a new covenant with the house of Israel and the house of Judah. It will not be like the covenant that I made with their ancestors when I took them by the hand to bring them out of the land of Egypt a covenant that they broke, though I was their husband, says the Lord. But this is the covenant that I will make with the house of Israel after those days, says the Lord: I will put my law within them, and I will write it on their hearts; and I will be their God, and they shall be my people. No longer shall they teach one another, or say to each other, "Know the Lord," for they shall all know me, from the least of them to the greatest, says the Lord; for I will forgive their iniquity, and remember their sin no more.

The word of the Lord.

Thanks be to God.

JEREMIAH 31:31-34

Responsorial Psalm

Psalm 130:1-2, 3-4, 5-6, 7-8

REFRAIN With the Lord there is mercy and fullness of redemption.

Out of the depths I cry to you, O LORD;

LORD, hear my voice!

Let your ears be attentive

to my voice in supplication.

R. With the Lord there is mercy and fullness of redemption.

If you, O LORD, mark iniquities,

LORD, who can stand?

But with you is forgiveness,

that you may be revered.

R. With the Lord there is mercy and fullness of redemption.

I trust in the LORD;

my soul trusts in his word.

More than sentinels wait for the dawn,

let Israel wait for the LORD.

R. With the Lord there is mercy and fullness of redemption.

For with the LORD is kindness

and with him is plenteous redemption;

And he will redeem Israel

from all their iniquities.

R. With the Lord there is mercy and fullness of redemption.

A READING FROM THE LETTER TO THE HEBREWS

Christ did not glorify himself in becoming a high priest, but was appointed by the one who said to him, "You are my Son, today I have begotten you"; as he says also in another place, "You are a priest forever, according to the order of Melchizedek." In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to the one who was able to save him from death, and he was heard because of his reverent submission. Although he was a Son, he learned obedience through what he suffered; and having been made perfect, he became the source of eternal salvation for all who obey him, having been designated by God a high priest according to the order of Melchizedek.

The Word of the Lord.

HEBREWS 5:5-10

The Lord be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to John. **Glory to you, Lord Jesus Christ.**

Now among those who went up to worship at the festival were some Greeks. They came to Philip, who was from Bethsaida in Galilee, and said to him, "Sir, we wish to see Jesus." Philip went and told Andrew; then Andrew and Philip went and told Jesus. Jesus answered them, "The hour has come for the Son of Man to be glorified. Very truly, I tell you, unless a grain of wheat falls into the earth and dies, it remains just a single grain; but if it dies, it bears much fruit. Those who love their life lose it, and those who hate their life in this world will keep it for eternal life. Whoever serves me must follow me, and where I am, there will my servant be also. Whoever serves me, the Father will honour. Now my soul is troubled. And what should I say - 'Father, save me from this hour'? No, it is for this reason that I have come to this hour. Father, glorify your name." Then a voice came from heaven, "I have glorified it, and I will glorify it again." The crowd standing there heard it and said that it was thunder. Others said, "An angel has spoken to him." Jesus answered, "This voice has come for your sake, not for mine. Now is the judgement of this world; now the ruler of this world will be driven out. And I, when I am lifted up from the earth, will draw all people to myself." He said this to indicate the kind of death he was to die.

The Gospel of Christ. **Praise to you, Lord Jesus Christ.**

JOHN 12:20-33

Liturgy of the Palms - March 24, 2024

A READING FROM THE BOOK OF ISAIAH

The Lord GOD has given me a well-trained tongue, that I might know how to speak to the weary a word that will rouse them. Morning after morning he opens my ear that I may hear; and I have not rebelled. have not turned back. I gave my back to those who beat me, my cheeks to those who plucked my beard; my face I did not shield from buffets and spitting. The Lord GOD is my help, therefore I am not disgraced; I have set my face like flint, knowing that I shall not be put to shame.

The word of the Lord.

Thanks be to God.

ISAIAH 50:4-7

Responsorial PsalmPSALM 31:9-16

REFRAIN Into your hands, O Lord, I commend my spirit.

Have mercy upon me, O Lord, for I am in trouble; my eye is consumed with sorrow, and also my throat and my belly. For my life is wasted with grief, and my years with sighing; my strength fails me because of affliction, and my bones are consumed. *R*

I have become a reproach to all my enemies and even to my neighbours, a dismay to those of my acquaintance; when they see me in the street they avoid me. I am forgotten like a dead man, out of mind; I am as useless as a broken pot. **R**

For I have heard the whispering of the crowd; fear is all around; they put their heads together against me; they plot to take my life. But as for me, I have trusted in you, O Lord. I have said, "You are my God. *R*

My times are in your hand; rescue me from the hand of my enemies, and from those who persecute me. Make your face to shine upon your servant, and in your loving-kindness save me." *R*

A READING FROM THE LETTER OF PAUL TO THE PHILIPPIANS

Let the same mind be in you that was in Christ Jesus, who, though he was in the form of God, did not regard equality with God as something to be exploited, but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form, he humbled himself and became obedient to the point of death even death on a cross. Therefore God also highly exalted him and gave him the name that is above every name, so that at the name of Jesus every knee should bend, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

The word of the Lord

PHILIPPIANS 2:5-11

March 31 Easter Sunday

A READING FROM THE BOOK OF ACTS

Peter proceeded to speak and said: "You know what has happened all over Judea, beginning in Galilee after the baptism that John preached. how God anointed Jesus of Nazareth with the Holy Spirit and power. He went about doing good and healing all those oppressed by the devil, for God was with him. We are witnesses of all that he did both in the country of the Jews and in Jerusalem. They put him to death by hanging him on a tree. This man God raised on the third day and granted that he be visible, not to all the people, but to us, the witnesses chosen by God in advance, who ate and drank with him after he rose from the dead. He commissioned us to preach to the people and testify that he is the one appointed by God as judge of the living and the dead. To him all the prophets bear witness, that everyone who believes in him will receive forgiveness of sins through his name." The word of the Lord.

Thanks be to God.

ACTS 10:34a, 37-43

Responsorial Psalm Psalm 118:1-2, 16-17, 22-23.

REFRAIN This is the day the Lord has made; let us rejoice and be glad.

Give thanks to the LORD, for he is good,

for his mercy endures forever.

Let the house of Israel say,

"His mercy endures forever."

R This is the day the Lord has made; let us rejoice and be glad.

"The right hand of the LORD has struck with power;

the right hand of the LORD is exalted.

I shall not die, but live,

and declare the works of the LORD."

R This is the day the Lord has made; let us rejoice and be glad.

The stone which the builders rejected

has become the cornerstone.

By the LORD has this been done;

it is wonderful in our eyes.

R This is the day the Lord has made; let us rejoice and be glad.

A READING FROM THE FIRST LETTER OF PAUL TO THE CORINTHIANS

Brothers and sisters:

Do you not know that a little yeast leavens all the dough? Clear out the old yeast, so that you may become a fresh batch of dough, inasmuch as you are unleavened. For our paschal lamb, Christ, has been sacrificed. Therefore, let us celebrate the feast, not with the old yeast, the yeast of malice and wickedness, but with the unleavened bread of sincerity and truth.

The word of the Lord.

1 CORINTHIANS 5.6b-8

The Lord be with you. And also with you.

The Holy Gospel of our Lord Jesus Christ according to John. **Glory to you, Lord Jesus Christ.**

Early on the first day of the week, while it was still dark, Mary Magdalene came to the tomb and saw that the stone had been removed from the tomb. So she ran and went to Simon Peter and the other disciple, the one whom Jesus loved, and said to them, "They have taken the Lord out of the tomb, and we do not know where they have laid him." Then Peter and the other disciple set out and went toward the tomb. The two were running together, but the other disciple outran Peter and reached the tomb first. He bent down to look in and saw the linen wrappings lying there, but he did not go in. Then Simon Peter came, following him, and went into the tomb. He saw the linen wrappings lying there, and the cloth that had been on Jesus' head, not lying with the linen wrappings but rolled up in a place by itself. Then the other disciple, who reached the tomb first, also went in, and he saw and believed; for as yet they did not understand the scripture, that he must rise from the dead. Then the disciples returned to their homes. But Mary stood weeping outside the tomb. As she wept, she bent over to look into the tomb; and she saw two angels in white, sitting where the body of Jesus had been lying, one at the head and the other at the feet. They said to her, "Woman, why are you weeping?" She said to them, "They have taken away my Lord, and I do not know where they have laid him." When she had said this, she turned around and saw Jesus standing there, but she did not know that it was Jesus. Jesus said to her, "Woman, why are you weeping? Whom are you looking for?" Supposing him to be the gardener, she said to him, "Sir, if you have carried him away, tell me where you have laid him, and I will take him away." Jesus said to her, "Mary!" She turned and said to him in Hebrew, "Rabbouni!" (which means Teacher). Jesus said to her, "Do not hold on to me, because I have not yet ascended to the Father. But go to my brothers and say to them, 'I am ascending to my Father and your Father, to my god and your God." Mary Magdalene went and announced to the disciples, "I have seen the Lord"; and she told them that he had said these things to her.

The Gospel of Christ.

Praise to you, Lord Jesus Christ. JOHN 20:1-18

April 7 Second Sunday of Easter - April 7, 2024

A READING FROM THE BOOK OF ACTS

Now the whole group of those who believed were of one heart and soul, and no one claimed private ownership of any possessions, but everything they owned was held in common. With great power the apostles gave their testimony to the resurrection of the Lord Jesus, and great grace was upon them all. There was not a needy person among them, for as many as owned lands or houses sold them and brought the proceeds of what was sold. They laid it at the apostles' feet, and it was distributed to each as any had need.

The word of the Lord.

Thanks be to God.

ACTS 4:32-35

PSALM 133
REFRAIN How good it for all is to live together in unity.

Oh, how good and pleasant it is, when brethren live together in unity! It is like fine oil upon the head that runs down upon the beard, Upon the beard of Aaron, and runs down upon the collar of his robe. R

It is like the dew of Hermon that falls upon the hills of Zion. For there the Lord has ordained the blessing: life for evermore. R

A READING FROM THE FIRST LETTER OF JOHN

Beloved:

Everyone who believes that Jesus is the Christ is begotten by God, and everyone who loves the Father loves also the one begotten by him. In this way we know that we love the children of God when we love God and obey his commandments. For the love of God is this, that we keep his commandments. And his commandments are not burdensome, for whoever is begotten by God conquers the world. And the victory that conquers the world is our faith. Who indeed is the victor over the world but the one who believes that Jesus is the Son of God?

This is the one who came through water and blood, Jesus Christ, not by water alone, but by water and blood. The Spirit is the one that testifies, and the Spirit is truth.

The word of the Lord.

1 JOHN 5.1-6

The Lord be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to John. **Glory to you, Lord Jesus Christ.**

When it was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews, Jesus came and stood among them and said, "Peace be with you." After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." When he had said this, he breathed on them and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained." But Thomas (who was called the Twin), one of the twelve, was not with them when Jesus came. So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see the mark of the nails in his hands, and put my finger in the mark of the nails and my hand in his side, I will not believe." A week later his disciples were again in the house, and Thomas was with them. Although the doors were shut, Jesus came and stood among them and said, "Peace be with you." Then he said to Thomas, "Put your finger here and see my hands. Reach out your hand and put it in my side. Do not doubt but believe." Thomas answered him, "My Lord and my God!" Jesus said to him, "Have you believed because you have seen me? Blessed are those who have not seen and yet have come to believe." Now Jesus did many other signs in the presence of his disciples, which are not written in this book. But these are written so that you may come to believe that Jesus is the Messiah, the Son of God, and that through believing you may have life in his name.

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

JOHN 20:19-31

Third Sunday of Easter - April 14, 2024

A READING FROM THE BOOK OF ACTS

Peter said to the people:

"The God of Abraham,

the God of Isaac, and the God of Jacob,

the God of our fathers, has glorified his servant Jesus,

whom you handed over and denied in Pilate's presence

when he had decided to release him.

You denied the Holy and Righteous One

and asked that a murderer be released to you.

The author of life you put to death,

but God raised him from the dead; of this we are witnesses.

Now I know, brothers,

that you acted out of ignorance, just as your leaders did;

but God has thus brought to fulfillment

what he had announced beforehand

through the mouth of all the prophets,

that his Christ would suffer.

Repent, therefore, and be converted, that your sins may be wiped away."

The word of the Lord.

Thanks be to God.

ACTS 3:13-15, 17-19

Responsorial PsalmPsalm 4:2, 4, 7-8, 9

REFRAIN Lord, let your face shine on us.

When I call, answer me, O my just God, you who relieve me when I am in distress; have pity on me, and hear my prayer!
R. Lord, let your face shine on us.

Know that the LORD does wonders for his faithful one; the LORD will hear me when I call upon him.

R. Lord, let your face shine on us.

O LORD, let the light of your countenance shine upon us! You put gladness into my heart.

R. Lord, let your face shine on us.

As soon as I lie down, I fall peacefully asleep, for you alone, O LORD, bring security to my dwelling.

R. Lord, let your face shine on us.

A READING FROM THE FIRST LETTER OF JOHN

My children, I am writing this to you so that you may not commit sin.

But if anyone does sin, we have an Advocate with the Father, Jesus Christ the righteous one.

He is expiation for our sins,

and not for our sins only but for those of the whole world.

The way we may be sure that we know him is to keep his commandments.

Those who say, "I know him," but do not keep his commandments are liars, and the truth is not in them.

But whoever keeps his word,

the love of God is truly perfected in him.

The word of the Lord.

1 JOHN 2.1-5a

The Lord be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Luke. **Glory to you, Lord Jesus Christ.**

Jesus himself stood among the disciples and said to them, "Peace be with you." They were startled and terrified, and thought that they were seeing a ghost. He said to them, "Why are you frightened, and why do doubts arise in your hearts? Look at my hands and my feet; see that it is I myself. Touch me and see; for a ghost does not have flesh and bones as you see that I have." And when he had said this, he showed them his hands and his feet. While in their joy they were disbelieving and still wondering, he said to them, "Have you anything here to eat?" They gave him a piece of broiled fish, and he took it and ate in their presence. Then he said to them, "These are my words that I spoke to you while I was still with you - that everything written about me in the law of Moses, the prophets, and the psalms must be fulfilled." Then he opened their minds to understand the scriptures, and he said to them, "Thus it is written, that the Messiah is to suffer and to rise from the dead on the third day, and that repentance and forgiveness of sins is to be proclaimed in his name to all nations, beginning from Jerusalem. You are witnesses of these things."

The Gospel of Christ. **Praise to you, Lord Jesus Christ.**

LUKE 24:36B-48

Fourth Sunday of Easter - April 21, 2024

A READING FROM THE BOOK OF ACTS

Peter, filled with the Holy Spirit, said:
"Leaders of the people and elders:
If we are being examined today
about a good deed done to a cripple,
namely, by what means he was saved,
then all of you and all the people of Israel should know
that it was in the name of Jesus Christ the Nazorean
whom you crucified, whom God raised from the dead;
in his name this man stands before you healed.
He is the stone rejected by you, the builders,
which has become the cornerstone.
There is no salvation through anyone else,
nor is there any other name under heaven
given to the human race by which we are to be saved."

The word of the Lord.

Thanks be to God.

ACTS 4:8-12

PSALM 23

Refrain The Lord is my shepherd; I shall not be in want.

The Lord is my shepherd; I shall not be in want. He makes me lie down in green pastures and leads me beside still waters. *R*

He revives my soul and guides me along right pathways for his name's sake. Though I walk through the valley of the shadow of death, I shall fear no evil; for you are with me; your rod and your staff, they comfort me. **R**

You spread a table before me in the presence of those who trouble me; you have anointed my head with oil, and my cup is running over. Surely your goodness and mercy shall follow me all the days of my life, and I will dwell in the house of the Lord for ever. **R**

A READING FROM THE FIRST LETTER OF JOHN

Beloved:

See what love the Father has bestowed on us that we may be called the children of God. Yet so we are.

The reason the world does not know us is that it did not know him.
Beloved, we are God's children now; what we shall be has not yet been revealed.
We do know that when it is revealed we shall be like him, for we shall see him as he is..

The word of the Lord

1 JOHN 3:1-2

The Lord be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to John. **Glory to you, Lord Jesus Christ.**

Jesus said, "I am the good shepherd. The good shepherd lays down his life for the sheep. The hired hand, who is not the shepherd and does not own the sheep, sees the wolf coming and leaves the sheep and runs away and the wolf snatches them and scatters them. The hired hand runs away because a hired hand does not care for the sheep. I am the good shepherd. I know my own and my own know me, just as the Father knows me and I know the Father. And I lay down my life for the sheep. I have other sheep that do not belong to this fold. I must bring them also, and they will listen to my voice. So there will be one flock, one shepherd. For this reason the Father loves me, because I lay down my life in order to take it up again. No one takes it from me, but I lay it down of my own accord. I have power to lay it down, and I have power to take it up again. I have received this command from my Father."

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

JOHN 10:11-18

Fifth Sunday of Easter - April 28, 2024

A READING FROM THE BOOK OF ACTS

When Saul arrived in Jerusalem he tried to join the disciples, but they were all afraid of him, not believing that he was a disciple.

Then Barnabas took charge of him and brought him to the apostles, and he reported to them how he had seen the Lord, and that he had spoken to him, and how in Damascus he had spoken out boldly in the name of Jesus. He moved about freely with them in Jerusalem, and spoke out boldly in the name of the Lord. He also spoke and debated with the Hellenists, but they tried to kill him.

And when the brothers learned of this, they took him down to Caesarea and sent him on his way to Tarsus.

The church throughout all Judea, Galilee, and Samaria was at peace. It was being built up and walked in the fear of the Lord, and with the consolation of the Holy Spirit it grew in numbers.

The word of the Lord.

Thanks be to God.

ACTS 9.26-31

PSALM 22:24-30 REFRAIN All the ends of the earth shall turn to the Lord.

My praise is of him in the great assembly; I will perform my vows in the presence of those who worship him. The poor shall eat and be satisfied, and those who seek the Lord shall praise him: "May your heart live for ever!" All the ends of the earth shall remember and turn to the Lord, and all the families of the nations shall bow before him. *R*

For kingship belongs to the Lord; he rules over the nations. To him alone all who sleep in the earth bow down in worship; all who go down to the dust fall before him. *R*

My soul shall live for him; my descendants shall serve him; they shall be known as the Lord's for ever. They shall come and make known to a people yet unborn the saving deeds that he has done. *R*

A READING FROM THE FIRST LETTER OF JOHN

Children, let us love not in word or speech but in deed and truth. Now this is how we shall know that we belong to the truth and reassure our hearts before him in whatever our hearts condemn, for God is greater than our hearts and knows everything. Beloved, if our hearts do not condemn us, we have confidence in God and receive from him whatever we ask, because we keep his commandments and do what pleases him. And his commandment is this: we should believe in the name of his Son, Jesus Christ, and love one another just as he commanded us. Those who keep his commandments remain in him, and he in them, and the way we know that he remains in us is from the Spirit he gave us.

The word of the Lord

1 JOHN 3.18-24

The Lord be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to John. **Glory to you, Lord Jesus Christ.**

Jesus said, "I am the true vine, and my Father is the vinegrower. He removes every branch in me that bears no fruit. Every branch that bears fruit he prunes to make it bear more fruit. You have already been cleansed by the word that I have spoken to you. Abide in me as I abide in you. Just as the branch cannot bear fruit by itself unless it abides in the vine, neither can you unless you abide in me. I am the vine, you are the branches. Those who abide in me and I in them bear much fruit, because apart from me you can do nothing. Whoever does not abide in me is thrown away like a branch and withers; such branches are gathered, thrown into the fire, and burned. If you abide in me, and my words abide in you, ask for whatever you wish, and it will be done for you. My Father is glorified by this, that you bear much fruit and become my disciples.

The Gospel of Christ. **Praise to you, Lord Jesus Christ.**

JOHN 15:1-8

May 5 Sixth Sunday of Easter - May 5, 2024

A READING FROM THE BOOK OF ACTS

While Peter was still speaking, the Holy Spirit fell upon all who heard the word. The circumcised believers who had come with Peter were astounded that the gift of the Holy Spirit had been poured out even on the Gentiles, for they heard them speaking in tongues and extolling God. Then Peter said, "Can anyone withhold the water for baptizing these people who have received the Holy Spirit just as we have?" So he ordered them to be baptized in the name of Jesus Christ. Then they invited him to stay for several days.

The word of the Lord.

Thanks be to God.

ACTS 10:44-48

May 5

Responsorial PsalmPsalm 98:1, 2-3, 3-4

REFRAIN The Lord has revealed to the nations his saving power.

Sing to the LORD a new song, for he has done wondrous deeds; His right hand has won victory for him, his holy arm.

R. The Lord has revealed to the nations his saving power.

The LORD has made his salvation known: in the sight of the nations he has revealed his justice. He has remembered his kindness and his faithfulness toward the house of Israel.

R. The Lord has revealed to the nations his saving power.

All the ends of the earth have seen the salvation by our God. Sing joyfully to the LORD, all you lands; break into song; sing praise.

R. The Lord has revealed to the nations his saving power.

May 5

A READING FROM THE FIRST LETTER OF JOHN

Beloved, let us love one another, because love is of God; everyone who loves is begotten by God and knows God. Whoever is without love does not know God, for God is love. In this way the love of God was revealed to us: God sent his only Son into the world so that we might have life through him. In this is love: not that we have loved God, but that he loved us and sent his Son as expiation for our sins.

The Word of the Lord.

1 JOHN 4.7-10

May 5

The Lord be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to John. **Glory to you, Lord Jesus Christ.**

Jesus said, "As the Father has loved me, so I have loved you; abide in my love. If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love. I have said these things to you so that my joy may be in you, and that your joy may be complete. This is my commandment, that you love one another as I have loved you. No one has greater love than this, to lay down one's life for one's friends. You are my friends if you do what I command you. I do not call you servants any longer, because the servant does not know what the master is doing; but I have called you friends, because I have made known to you everything that I have heard from my Father. You did not choose me but I chose you. And I appointed you to go and bear fruit, fruit that will last, so that the Father will give you whatever you ask him in my name. I am giving you these commands so that you may love one another."

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

JOHN 15:9-17

Seventh Sunday of Easter - May 12, 2024

A READING FROM THE BOOK OF ACTS

Peter stood up in the midst of the brothers
—there was a group of about one hundred and twenty persons
in the one place —.
He said, "My brothers, the Scripture had to be fulfilled
which the Holy Spirit spoke beforehand
through the mouth of David, concerning Judas,
who was the guide for those who arrested Jesus.
He was numbered among us and was allotted a share in this ministry.

"For it is written in the Book of Psalms: May another take his office.

"Therefore, it is necessary that one of the men who accompanied us the whole time the Lord Jesus came and went among us, beginning from the baptism of John until the day on which he was taken up from us, become with us a witness to his resurrection." So they proposed two, Judas called Barsabbas, who was also known as Justus, and Matthias. Then they prayed, "You, Lord, who know the hearts of all, show which one of these two you have chosen to take the place in this apostolic ministry from which Judas turned away to go to his own place." Then they gave lots to them, and the lot fell upon Matthias, and he was counted with the eleven apostles.

The word of the Lord.

Thanks be to God.

Acts 1:15-17, 20a, 20c-26

Responsorial PsalmPsalm 103:1-2, 11-12, 19-20

REFRAIN The Lord has set his throne in heaven.

Bless the LORD, O my soul; and all my being, bless his holy name. Bless the LORD, O my soul, and forget not all his benefits.

R. The Lord has set his throne in heaven.

For as the heavens are high above the earth, so surpassing is his kindness toward those who fear him. As far as the east is from the west, so far has he put our transgressions from us.

R. The Lord has set his throne in heaven.

The LORD has established his throne in heaven, and his kingdom rules over all.
Bless the LORD, all you his angels, you mighty in strength, who do his bidding.

R. The Lord has set his throne in heaven.

A READING FROM THE FIRST LETTER OF JOHN

Beloved, if God so loved us, we also must love one another.
No one has ever seen God.
Yet, if we love one another, God remains in us, and his love is brought to perfection in us.

This is how we know that we remain in him and he in us, that he has given us of his Spirit.

Moreover, we have seen and testify that the Father sent his Son as savior of the world. Whoever acknowledges that Jesus is the Son of God, God remains in him and he in God.

We have come to know and to believe in the love God has for us.

God is love, and whoever remains in love remains in God and God in him.

The word of the Lord

1 Jn 4:11-16

The Lord be with you. And also with you.

THE HOLY GOSPEL OF OUR LORD JESUS CHRIST ACCORDING TO LUKE

Glory to you, Lord Jesus Christ.

Jesus said to them, "These are my words that I spoke to you while I was still with you that everything written about me in the law of Moses, the prophets, and the psalms must be fulfilled." Then he opened their minds to understand the scriptures, and he said to them, "Thus it is written, that the Messiah is to suffer and to rise from the dead on the third day, and that repentance and forgiveness of sins is to be proclaimed in his name to all nations, beginning from Jerusalem. You are witnesses of these things. And see, I am sending upon you what my Father promised; so stay here in the city until you have been clothed with power from on high." Then he led them out as far as Bethany, and, lifting up his hands, he blessed them. While he was blessing them, he withdrew from them and was carried up into heaven. And they worshipped him, and returned to Jerusalem with great joy; and they were continually in the temple blessing God.

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

LUKE 24:44-53

Day of Pentecost - May 19, 2024

A READING FROM THE BOOK OF ACTS

When the day of Pentecost had come, the apostles were all together in one place. And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability. Now there were devout Jews from every nation under heaven living in Jerusalem. And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each. Amazed and astonished, they asked, "Are not all these who are speaking Galileans? And how is it that we hear, each of us, in our own native language? Parthians, Medes, Elamites, and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabs - in our own languages we hear them speaking about God's deeds of power." All were amazed and perplexed, saying to one another, "What does this mean?" But others sneered and said, "They are filled with new wine." But Peter, standing with the eleven, raised his voice and addressed them, "Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say. Indeed, these are not drunk, as you suppose, for it is only nine o'clock in the morning. No, this is what was spoken through the prophet Joel: 'In the last days it will be, God declares, that I will pour out my Spirit upon all flesh, and your sons and your daughters shall prophesy, and your young men shall see visions, and your old men shall dream dreams. Even upon my slaves, both men and women, in those days I will pour out my Spirit; and they shall prophesy. And I will show portents in the heaven above and signs on the earth below, blood, and fire, and smoky mist. The sun shall be turned to darkness and the moon to blood, before the coming of the Lord's great and glorious day. Then everyone who calls on the name of the Lord shall be saved."

The word of the Lord.

Thanks be to God.

ACTS 2:1-21

Responsorial Psalm..... Psalm104:1-2, 24, 35, 27-28, 29, 30

REFRAIN Lord, send out your Spirit, and renew the face of the earth.

Bless the LORD, O my soul!
O LORD, my God, you are great indeed!
You are clothed with majesty and glory,

robed in light as with a cloak.

R. Lord, send out your Spirit, and renew the face of the earth.

How manifold are your works, O LORD! In wisdom you have wrought them all the earth is full of your creatures; bless the LORD, O my soul! Alleluia.

R. Lord, send out your Spirit, and renew the face of the earth.

Creatures all look to you to give them food in due time.

When you give it to them, they gather it; when you open your hand, they are filled with good things.

R. Lord, send out your Spirit, and renew the face of the earth.

If you take away their breath, they perish and return to their dust.

When you send forth your spirit, they are created, and you renew the face of the earth.

R. Lord, send out your Spirit, and renew the face of the earth.

A READING FROM THE LETTER OF PAUL TO THE ROMANS

We know that the whole creation has been groaning in labour pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience. Likewise the Spirit helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes with sighs too deep for words. And God, who searches the heart, knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God.

The word of the Lord

ROMANS 8:22-27

The Lord be with you. And also with you.

The Holy Gospel of our Lord Jesus Christ according to John. Glory to you, Lord Jesus Christ.

Jesus said to the disciples, "When the Advocate comes, whom I will send to you from the Father, the Spirit of truth who comes from the Father, he will testify on my behalf. You also are to testify because you have been with me from the beginning. I did not say these things to you from the beginning, because I was with you. But now I am going to him who sent me; yet none of you asks me, 'Where are you going?' But because I have said these things to you, sorrow has filled your hearts. Nevertheless I tell you the truth: it is to your advantage that I go away, for if I do not go away, the Advocate will not come to you; but if I go, I will send him to you. And when he comes, he will prove the world wrong about sin and righteousness and judgement: about sin, because they do not believe in me; about righteousness, because I am going to the Father and you will see me no longer; about judgement, because the ruler of this world has been condemned. I still have many things to say to you, but you cannot bear them now. When the Spirit of truth comes, he will guide you into all the truth; for he will not speak on his own, but will speak whatever he hears, and he will declare to you the things that are to come. He will glorify me, because he will take what is mine and declare it to you. All that the Father has is mine. For this reason I said that he will take what is mine and declare it to you."

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

JOHN 15:26-27, 16:4B15

May 26 Trinity Sunday Pentecost 1 - May 26, 2024

A READING FROM THE BOOK OF ISAIAH

In the year that King Uzziah died, I saw the Lord sitting on a throne, high and lofty; and the hem of his robe filled the temple. Seraphs were in attendance above him; each had six wings: with two they covered their faces, and with two they covered their feet, and with two they flew. And one called to another and said: "Holy, holy, holy is the Lord of hosts; the whole earth is full of his glory." The pivots on the thresholds shook at the voices of those who called, and the house filled with smoke. And I said: "Woe is me! I am lost, for I am a man of unclean lips, and I live among a people of unclean lips; yet my eyes have seen the King, the Lord of hosts!" Then one of the seraphs flew to me, holding a live coal that had been taken from the altar with a pair of tongs. The seraph touched my mouth with it and said: "Now that this has touched your lips, your guilt has departed and your sin is blotted out." Then I heard the voice of the Lord saying, "Whom shall I send, and who will go for us?" And I said, "Here am I; send me!"

The word of the Lord.

ISAIAH 6:1-8

Responsorial PsalmPsalm 33:4-5, 6, 9, 18-19, 20, 22

REFRAIN Blessed the people the Lord has chosen to be his own.

Upright is the word of the LORD, and all his works are trustworthy.

He loves justice and right; of the kindness of the Lord the earth is full.

R. Blessed the people the Lord has chosen to be his own.

By the word of the LORD the heavens were made; by the breath of his mouth all their host. For he spoke, and it was made; he commanded, and it stood forth.

R. Blessed the people the Lord has chosen to be his own.

See, the eyes of the LORD are upon those who fear him, upon those who hope for his kindness,
To deliver them from death and preserve them in spite of famine.

R. Blessed the people the Lord has chosen to be his own.

Our soul waits for the LORD, who is our help and our shield.
May your kindness, O LORD, be upon us who have put our hope in you.

R. Blessed the people the Lord has chosen to be his own.

A READING FROM THE LETTER OF PAUL TO THE ROMANS

Brothers and sisters:

For those who are led by the Spirit of God are sons of God. For you did not receive a spirit of slavery to fall back into fear, but you received a Spirit of adoption, through whom we cry, "Abba, Father!"

The Spirit himself bears witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ, if only we suffer with him so that we may also be glorified with him.

The word of the Lord.

Thanks be to God.

ROMANS 8:12-14

The Lord be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to John. **Glory to you, Lord Jesus Christ.**

Now there was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things? Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

JOHN 3:1-17

June 2 Pentecost 2 June 2, 2024

A READING FROM THE BOOK OF DEUTERONOMY

Observe the sabbath day and keep it holy, as the Lord your God commanded you. Six days you shall labour and do all your work. But the seventh day is a sabbath to the Lord your God; you shall not do any work you, or your son or your daughter, or your male or female slave, or your ox or your donkey, or any of your livestock, or the resident alien in your towns, so that your male and female slave may rest as well as you. Remember that you were a slave in the land of Egypt, and the Lord your God brought you out from there with a mighty hand and an outstretched arm; therefore the Lord your God commanded you to keep the sabbath day.

The Word of the Lord

DEUTERONOMY 5:12-15

PSALM 81:1-10

REFRAIN Sing with joy to God our strength.

Sing with joy to God our strength and raise a loud shout to the God of Jacob. Raise a song and sound the timbrel, the merry harp, and the lyre. Blow the ram's-horn at the new moon, and at the full moon, the day of our feast. **R**

For this is a statute for Israel, a law of the God of Jacob. He laid it as a solemn charge upon Joseph, when he came out of the land of Egypt. *R*

I heard an unfamiliar voice saying "I eased his shoulder from the burden; his hands were set free from bearing the load." You called on me in trouble, and I saved you; I answered you from the secret place of thunder and tested you at the waters of Meribah. *R*

Hear, O my people, and I will admonish you: O Israel, if you would but listen to me! There shall be no strange god among you; you shall not worship a foreign god. I am the Lord your God, who brought you out of the land of Egypt and said, "Open your mouth wide, and I will fill it." *R*

A READING FROM THE SECOND LETTER OF PAUL TO THE CORINTHIANS

We do not proclaim ourselves; we proclaim Jesus Christ as Lord and ourselves as your slaves for Jesus' sake. For it is the God who said, "Let light shine out of darkness," who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ. But we have this treasure in clay jars, so that it may be made clear that this extraordinary power belongs to God and does not come from us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be made visible in our bodies. For while we live, we are always being given up to death for Jesus' sake, so that the life of Jesus may be made visible in our mortal flesh. So death is at work in us, but life in you.

The Word of the Lord

2 CORINTHIANS 4:5-12

The Lord be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Mark. Glory to you, Lord Jesus Christ.

One sabbath Jesus was going through the grainfields; and as they made their way his disciples began to pluck heads of grain. The Pharisees said to him, "Look, why are they doing what is not lawful on the sabbath?" And he said to them, "Have you never read what David did when he and his companions were hungry and in need of food? He entered the house of God, when Abiathar was high priest, and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and he gave some to his companions." Then he said to them, "The sabbath was made for humankind, and not humankind for the sabbath; so the Son of Man is lord even of the sabbath." Again he entered the synagogue, and a man was there who had a withered hand. They watched him to see whether he would cure him on the sabbath, so that they might accuse him. And he said to the man who had the withered hand, "Come forward." Then he said to them, "Is it lawful to do good or to do harm on the sabbath, to save life or to kill?" But they were silent. He looked around at them with anger; he was grieved at their hardness of heart and said to the man, "Stretch out your hand." He stretched it out, and his hand was restored. The Pharisees went out and immediately conspired with the Herodians against him, how to destroy him.

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

MARK 2:23 -3:6

June 9 Pentecost 3

A READING FROM THE FIRST BOOK OF Genesis

After the man, Adam, had eaten of the tree, the LORD God called to the man and asked him, "Where are you?" He answered, "I heard you in the garden; but I was afraid, because I was naked, so I hid myself."

Then he asked, "Who told you that you were naked? You have eaten, then, from the tree of which I had forbidden you to eat!"

The man replied, "The woman whom you put here with me—she gave me fruit from the tree, and so I ate it."

The LORD God then asked the woman, "Why did you do such a thing?"

The woman answered, "The serpent tricked me into it, so I ate it."

Then the LORD God said to the serpent:
"Because you have done this, you shall be banned from all the animals and from all the wild creatures; on your belly shall you crawl, and dirt shall you eat all the days of your life.
I will put enmity between you and the woman, and between your offspring and hers; he will strike at your head, while you strike at his heel."

The word of the Lord

Gn 3:9-15

Responsorial PsalmPsalm 130:1-2, 3-4, 5-6, 7-8

REFRAIN With the Lord there is mercy, and fullness of redemption.

Out of the depths I cry to you, O LORD; LORD, hear my voice!
Let your ears be attentive to my voice in supplication.

R. With the Lord there is mercy, and fullness of redemption.

If you, O LORD, mark iniquities, LORD, who can stand?
But with you is forgiveness, that you may be revered.

R. With the Lord there is mercy, and fullness of redemption.

I trust in the LORD; my soul trusts in his word. More than sentinels wait for the dawn, let Israel wait for the LORD.

R. With the Lord there is mercy, and fullness of redemption.

For with the LORD is kindness and with him is plenteous redemption and he will redeem Israel from all their iniquities.

R. With the Lord there is mercy, and fullness of redemption.

A READING FROM THE SECOND LETTER OF PAUL TO THE CORINTHIANS

Brothers and sisters:

Since we have the same spirit of faith, according to what is written, I believed, therefore I spoke, we too believe and therefore we speak, knowing that the one who raised the Lord Jesus will raise us also with Jesus and place us with you in his presence.

Everything indeed is for you,

so that the grace bestowed in abundance on more and more people may cause the thanksgiving to overflow for the glory of God.

Therefore, we are not discouraged;

rather, although our outer self is wasting away,

our inner self is being renewed day by day.

For this momentary light affliction

is producing for us an eternal weight of glory

beyond all comparison,

as we look not to what is seen but to what is unseen;

for what is seen is transitory, but what is unseen is eternal.

For we know that if our earthly dwelling, a tent,

should be destroyed,

we have a building from God,

a dwelling not made with hands, eternal in heaven.

The word of the Lord.

Thanks be to God.

2 CORINTHIANS 4:13-5:1

The Lord be with you. And also with you.

The Holy Gospel of our Lord Jesus Christ according to Mark. Glory to you, Lord Jesus Christ.

The crowd came together again, so that they could not even eat. When his family heard it, they went out to restrain Jesus, for people were saying, "He has gone out of his mind." And the scribes who came down from Jerusalem said, "He has Beelzebul, and by the ruler of the demons he casts out demons." And he called them to him, and spoke to them in parables, "How can Satan cast out Satan? If a kingdom is divided against itself, that kingdom cannot stand. And if a house is divided against itself, that house will not be able to stand. And if Satan has risen up against himself and is divided, he cannot stand, but his end has come. But no one can enter a strong man's house and plunder his property without first tying up the strong man; then indeed the house can be plundered. Truly I tell you, people will be forgiven for their sins and whatever blasphemies they utter: but whoever blasphemes against the Holy Spirit can never have forgiveness, but is guilty of an eternal sin" - for they had said, "He has an unclean spirit." Then his mother and his brothers came; and standing outside, they sent to him and called him. A crowd was sitting around him: and they said to him, "Your mother and your brothers and sisters are outside, asking for you." And he replied, "Who are my mother and my brothers?" And looking at those who sat around him, he said, "Here are my mother and my brothers! Whoever does the will of God is my brother and sister and mother."

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

MARK 3:20-35

June 16 Pentecost 4

A READING FROM THE FIRST BOOK OF Ezeckiel

Thus says the Lord GOD: I, too, will take from the crest of the cedar, from its topmost branches tear off a tender shoot, and plant it on a high and lofty mountain; on the mountain heights of Israel I will plant it. It shall put forth branches and bear fruit, and become a majestic cedar. Birds of every kind shall dwell beneath it, every winged thing in the shade of its boughs. And all the trees of the field shall know that I, the LORD, bring low the high tree, lift high the lowly tree, wither up the green tree, and make the withered tree bloom. As I, the LORD, have spoken, so will I do.

The word of the Lord

Ez 17:22-24

Responsorial PsalmPsalm 92:2-3, 13-14, 15-16

REFRAIN Lord, it is good to give thanks to you.

It is good to give thanks to the LORD, to sing praise to your name, Most High, To proclaim your kindness at dawn and your faithfulness throughout the night. R. Lord, it is good to give thanks to you.

The just one shall flourish like the palm tree, like a cedar of Lebanon shall he grow. They that are planted in the house of the LORD shall flourish in the courts of our God. R. Lord, it is good to give thanks to you.

They shall bear fruit even in old age; vigorous and sturdy shall they be, Declaring how just is the LORD, my rock, in whom there is no wrong. R. Lord, it is good to give thanks to you.

A READING FROM THE SECOND LETTER OF PAUL TO THE CORINTHIANS

Brothers and sisters:
We are always courageous,
although we know that while we are at home in the body
we are away from the Lord,
for we walk by faith, not by sight.
Yet we are courageous,
and we would rather leave the body and go home to the Lord.
Therefore, we aspire to please him,
whether we are at home or away.
For we must all appear before the judgment seat of Christ,
so that each may receive recompense,
according to what he did in the body, whether good or evil.

The word of the Lord.

Thanks be to God.

2 CORINTHIANS 5:6-9

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Mark. Glory to you, Lord Jesus Christ.

Jesus said, "The kingdom of God is as if someone would scatter seed on the ground, and would sleep and rise night and day, and the seed would sprout and grow, he does not know how. The earth produces of itself, first the stalk, then the head, then the full grain in the head. But when the grain is ripe, at once he goes in with his sickle, because the harvest has come." He also said, "With what can we compare the kingdom of God, or what parable will we use for it? It is like a mustard seed, which, when sown upon the ground, is the smallest of all the seeds on earth; yet when it is sown it grows up and becomes the greatest of all shrubs, and puts forth large branches, so that the birds of the air can make nests in its shade." With many such parables he spoke the word to them, as they were able to hear it; he did not speak to them except in parables, but he explained everything in private to his disciples.

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

MARK 4:26-34

A READING FROM THE prophet OF Job

The Lord addressed Job out of the storm and said:
Who shut within doors the sea,
when it burst forth from the womb;
when I made the clouds its garment
and thick darkness its swaddling bands?
When I set limits for it
and fastened the bar of its door,
and said: Thus far shall you come but no farther,
and here shall your proud waves be stilled!

The word of the Lord

Job 38:1, 8-11

Responsorial Psalm.....PSALM 133

REFRAIN How good it is for all to live together in unity.

Oh, how good and pleasant it is, when brethren live together in unity! It is like fine oil upon the head that runs down upon the beard, Upon the beard of Aaron, and runs down upon the collar of his robe. *R*

It is like the dew of Hermon that falls upon the hills of Zion. For there the Lord has ordained the blessing: life for evermore. **R**

A READING FROM THE SECOND LETTER OF PAUL TO THE CORINTHIANS

Brothers and sisters:
The love of Christ impels us,
once we have come to the conviction that one died for all;
therefore, all have died.
He indeed died for all,
so that those who live might no longer live for themselves
but for him who for their sake died and was raised.
Consequently, from now on we regard no one according to the flesh;
even if we once knew Christ according to the flesh,
yet now we know him so no longer.
So whoever is in Christ is a new creation:
the old things have passed away;
behold, new things have come.

The word of the Lord.

Thanks be to God.

2 CORINTHIANS 5.14-17

The Lord be with you. And also with you.

The Holy Gospel of our Lord Jesus Christ according to Mark. Glory to you, Lord Jesus Christ.

On that day, when evening had come, Jesus said to his disciples, "Let us go across to the other side." And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. A great windstorm arose, and the waves beat into the boat, so that the boat was already swamped. But he was in the stern, asleep on the cushion; and they woke him up and said to him, "Teacher, do you not care that we are perishing?" He woke up and rebuked the wind, and said to the sea, "Peace! Be still!" Then the wind ceased, and there was a dead calm. He said to them, "Why are you afraid? Have you still no faith?" And they were filled with great awe and said to one another, "Who then is this, that even the wind and the sea obey him?"

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

MARK 4:35-41

A READING FROM THE BOOK OF Wisdom

God did not make death, nor does he rejoice in the destruction of the living. For he fashioned all things that they might have being; and the creatures of the world are wholesome, and there is not a destructive drug among them nor any domain of the netherworld on earth, for justice is undying. For God formed man to be imperishable; the image of his own nature he made him. But by the envy of the devil, death entered the world, and they who belong to his company experience it.

The Word of the Lord

Wis 1:13-15; 2:23-24

Responsorial PsalmPsalm 30:2, 4, 5-6, 11, 12, 13

REFRAIN I will praise you, Lord, for you have rescued me.

I will extol you, O LORD, for you drew me clear and did not let my enemies rejoice over me.
O LORD, you brought me up from the netherworld; you preserved me from among those going down into the pit. I will praise you, Lord, for you have rescued me.
Sing praise to the LORD, you his faithful ones, and give thanks to his holy name.
For his anger lasts but a moment; a lifetime, his good will.
At nightfall, weeping enters in, but with the dawn, rejoicing.
R. I will praise you, Lord, for you have rescued me.

Hear, O LORD, and have pity on me; O LORD, be my helper. You changed my mourning into dancing; O LORD, my God, forever will I give you thanks. R. I will praise you, Lord, for you have rescued me.

A READING FROM THE 2nd LETTER OF PAUL TO THE Corinthians

Brothers and sisters:

As you excel in every respect, in faith, discourse, knowledge, all earnestness, and in the love we have for you, may you excel in this gracious act also.

For you know the gracious act of our Lord Jesus Christ, that though he was rich, for your sake he became poor, so that by his poverty you might become rich. Not that others should have relief while you are burdened, but that as a matter of equality your abundance at the present time should supply their needs, so that their abundance may also supply your needs, that there may be equality. As it is written:

Whoever had much did not have more, and whoever had little did not have less.

The Word of the Lord

2 Cor 8:7, 9, 13-15

The Lord be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Mark. Glory to you, Lord Jesus Christ.

When Jesus had crossed again in the boat to the other side, a large crowd gathered around him, and he stayed close to the sea.

One of the synagogue officials, named Jairus, came forward.

Seeing him he fell at his feet and pleaded earnestly with him, saying, "My daughter is at the point of death.

Please, come lay your hands on her that she may get well and live." He went off with him, and a large crowd followed him and pressed upon him.

While he was still speaking, people from the synagogue official's house arrived and said.

"Your daughter has died; why trouble the teacher any longer?"

Disregarding the message that was reported,

Jesus said to the synagogue official,

"Do not be afraid; just have faith."

He did not allow anyone to accompany him inside except Peter, James, and John, the brother of James.

When they arrived at the house of the synagogue official,

he caught sight of a commotion, people weeping and wailing loudly.

So he went in and said to them, "Why this commotion and weeping? The child is not dead but asleep." And they ridiculed him. Then he put them all out. He took along the child's father and mother and those who were with him and entered the room where the child was.

He took the child by the hand and said to her, "Talitha koum," which means, "Little girl, I say to you, arise!"

The girl, a child of twelve, arose immediately and walked around.

At that they were utterly astounded.

He gave strict orders that no one should know this and said that she should be given something to eat.

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

Mk 5:21-24, 35b-43

A READING FROM THE SECOND BOOK OF Ezeckiel

As the LORD spoke to me, the spirit entered into me and set me on my feet, and I heard the one who was speaking say to me: Son of man, I am sending you to the Israelites, rebels who have rebelled against me; they and their ancestors have revolted against me to this very day. Hard of face and obstinate of heart are they to whom I am sending you. But you shall say to them: Thus says the LORD GOD! And whether they heed or resist—for they are a rebellious house—they shall know that a prophet has been among them.

The word of the Lord

Ez 2:2-5

Responsorial Psalm Psalm 123:1-2, 2, 3-4

REFRAIN Our eyes are fixed on the Lord, pleading for his mercy.

To you I lift up my eyes who are enthroned in heaven — As the eyes of servants are on the hands of their masters.

R. Our eyes are fixed on the Lord, pleading for his mercy.

As the eyes of a maid are on the hands of her mistress, So are our eyes on the LORD, our God, till he have pity on us.

R. Our eyes are fixed on the Lord, pleading for his mercy.

Have pity on us, O LORD, have pity on us, for we are more than sated with contempt; our souls are more than sated with the mockery of the arrogant, with the contempt of the proud.

R. Our eyes are fixed on the Lord, pleading for his mercy.

A READING FROM THE SECOND LETTER OF PAUL TO THE CORINTHIANS

Brothers and sisters:

That I, Paul, might not become too elated, because of the abundance of the revelations, a thorn in the flesh was given to me, an angel of Satan, to beat me, to keep me from being too elated. Three times I begged the Lord about this, that it might leave me, but he said to me, "My grace is sufficient for you, for power is made perfect in weakness."

I will rather boast most gladly of my weaknesses, in order that the power of Christ may dwell with me. Therefore, I am content with weaknesses, insults, hardships, persecutions, and constraints, for the sake of Christ; for when I am weak, then I am strong.

The word of the Lord.

Thanks be to God.

2 CORINTHIANS 12:7-10

The Lord be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Mark. Glory to you, Lord Jesus Christ.

Jesus departed from there and came to his native place, accompanied by his disciples.

When the sabbath came he began to teach in the synagogue, and many who heard him were astonished.
They said, "Where did this man get all this?
What kind of wisdom has been given him?
What mighty deeds are wrought by his hands!
Is he not the carpenter, the son of Mary, and the brother of James and Joses and Judas and Simon?
And are not his sisters here with us?"
And they took offense at him.
Jesus said to them,

"A prophet is not without honor except in his native place and among his own kin and in his own house." So he was not able to perform any mighty deed there, apart from curing a few sick people by laying his hands on them. He was amazed at their lack of faith.

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

MARK 6:1-6

A READING FROM THE SECOND BOOK OF Amos

Amaziah, priest of Bethel, said to Amos,
"Off with you, visionary, flee to the land of Judah!
There earn your bread by prophesying,
but never again prophesy in Bethel;
for it is the king's sanctuary and a royal temple."
Amos answered Amaziah, "I was no prophet,
nor have I belonged to a company of prophets;
I was a shepherd and a dresser of sycamores.
The LORD took me from following the flock, and said to me,
Go, prophesy to my people Israel."

The word of the Lord.

Am 7:12-15

Responsorial PsalmPsalm 85:9-10, 11-12, 13-14

REFRAIN Lord, let us see your kindness, and grant us your salvation.

I will hear what God proclaims;

the LORD —for he proclaims peace.

Near indeed is his salvation to those who fear him, glory dwelling in our land.

R. Lord, let us see your kindness, and grant us your salvation.

Kindness and truth shall meet;

justice and peace shall kiss.

Truth shall spring out of the earth, and justice shall look down from heaven.

R. Lord, let us see your kindness, and grant us your salvation.

The LORD himself will give his benefits;

our land shall yield its increase.

Justice shall walk before him,

and prepare the way of his steps.

R. Lord, let us see your kindness, and grant us your salvation.

A READING FROM THE LETTER OF PAUL TO THE EPHESIANS

Blessed be the God and Father of our Lord Jesus Christ. who has blessed us in Christ with every spiritual blessing in the heavens, as he chose us in him, before the foundation of the world, to be holy and without blemish before him. In love he destined us for adoption to himself through Jesus Christ, in accord with the favor of his will, for the praise of the glory of God's grace that he granted us in the beloved. In him we have redemption by his blood, the forgiveness of transgressions, in accord with the riches of his grace that he lavished upon us. In all wisdom and insight, he has made known to us the mystery of his will in accord with his favor that he set forth in him as a plan for the fullness of times, to sum up all things in Christ, in heaven and on earth.

The word of the Lord.

Thanks be to God.

EPHESIANS 1:3-10

The Lord be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Mark. Glory to you, Lord Jesus Christ.

Jesus summoned the Twelve and began to send them out two by two and gave them authority over unclean spirits.

He instructed them to take nothing for the journey but a walking stick—
no food, no sack, no money in their belts.

They were, however, to wear sandals but not a second tunic.

He said to them,

"Wherever you enter a house, stay there until you leave.

Whatever place does not welcome you or listen to you, leave there and shake the dust off your feet in testimony against them."

So they went off and preached repentance.

The Twelve drove out many demons, and they anointed with oil many who were sick and cured them.

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

MARK 6:7-13

A READING FROM THE Prophet Jeremiah

Woe to the shepherds
who mislead and scatter the flock of my pasture,
says the LORD.
Therefore, thus says the LORD, the God of Israel,
against the shepherds who shepherd my people:
You have scattered my sheep and driven them away.
You have not cared for them,
but I will take care to punish your evil deeds.
I myself will gather the remnant of my flock
from all the lands to which I have driven them
and bring them back to their meadow;
there they shall increase and multiply.
I will appoint shepherds for them who will shepherd them
so that they need no longer fear and tremble;
and none shall be missing, says the LORD.

Behold, the days are coming, says the LORD, when I will raise up a righteous shoot to David; as king he shall reign and govern wisely, he shall do what is just and right in the land. In his days Judah shall be saved, Israel shall dwell in security. This is the name they give him:

"The LORD our justice."
The word of the Lord

Jer 23:1-6

Responsorial PsalmPsalm 23:1-3, 3-4, 5, 6

Refrain The Lord is my shepherd; there is nothing I shall want.

The LORD is my shepherd; I shall not want. In verdant pastures he gives me repose; beside restful waters he leads me; he refreshes my soul.

R. The Lord is my shepherd; there is nothing I shall want.

He guides me in right paths for his name's sake.
Even though I walk in the dark valley I fear no evil; for you are at my side with your rod and your staff that give me courage.

R. The Lord is my shepherd; there is nothing I shall want.

You spread the table before me in the sight of my foes; you anoint my head with oil; my cup overflows.

R. The Lord is my shepherd; there is nothing I shall want.

Only goodness and kindness follow me all the days of my life; and I shall dwell in the house of the LORD for years to come.

R. The Lord is my shepherd; there is nothing I shall want.

A READING FROM THE LETTER OF PAUL TO THE EPHESIANS

Brothers and sisters: In Christ Jesus you who once were far off have become near by the blood of Christ.

For he is our peace, he who made both one and broke down the dividing wall of enmity, through his flesh, abolishing the law with its commandments and legal claims, that he might create in himself one new person in place of the two, thus establishing peace, and might reconcile both with God, in one body, through the cross, putting that enmity to death by it. He came and preached peace to you who were far off and peace to those who were near, for through him we both have access in one Spirit to the Father.

The word of the Lord.

Thanks be to God.

EPHESIANS 2:13-18

The Lord be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Mark. Glory to you, Lord Jesus Christ.

The apostles gathered around Jesus, and told him all that they had done and taught. He said to them, "Come away to a deserted place all by yourselves and rest a while." For many were coming and going, and they had no leisure even to eat. And they went away in the boat to a deserted place by themselves. Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things. When they had crossed over, they came to land at Gennesaret and moored the boat. When they got out of the boat, people at once recognized him, and rushed about that whole region and began to bring the sick on mats to wherever they heard he was. And wherever he went, into villages or cities or farms, they laid the sick in the marketplaces, and begged him that they might touch even the fringe of his cloak; and all who touched it were healed.

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

MARK 6:30-34, 53-56

A READING FROM THE SECOND BOOK OF KINGS

A man came from Baal-shalishah bringing to Elisha, the man of God, twenty barley loaves made from the firstfruits, and fresh grain in the ear.
Elisha said, "Give it to the people to eat."
But his servant objected, "How can I set this before a hundred people?"
Elisha insisted, "Give it to the people to eat."
"For thus says the LORD,
'They shall eat and there shall be some left over.'"
And when they had eaten, there was some left over, as the LORD had said.

The word of the Lord

2 Kgs 4:42-44

Responsorial PsalmPsalm 145:10-11, 15-16, 17-18

REFRAIN The hand of the Lord feeds us; he answers all our needs.

Let all your works give you thanks, O LORD, and let your faithful ones bless you. Let them discourse of the glory of your kingdom and speak of your might.

R. The hand of the Lord feeds us; he answers all our needs.

The eyes of all look hopefully to you, and you give them their food in due season; you open your hand and satisfy the desire of every living thing.

R. The hand of the Lord feeds us; he answers all our needs.

The LORD is just in all his ways and holy in all his works.
The LORD is near to all who call upon him, to all who call upon him in truth.

R. The hand of the Lord feeds us; he answers all our needs.

A READING FROM THE LETTER OF PAUL TO THE EPHESIANS

Brothers and sisters:

I, a prisoner for the Lord, urge you to live in a manner worthy of the call you have received, with all humility and gentleness, with patience, bearing with one another through love, striving to preserve the unity of the spirit through the bond of peace: one body and one Spirit, as you were also called to the one hope of your call; one Lord, one faith, one baptism; one God and Father of all, who is over all and through all and in all.

The word of the Lord.

Thanks be to God.

EPHESIANS 4.1-6

The Lord be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to John. **Glory to you, Lord Jesus Christ.**

After this Jesus went to the other side of the Sea of Galilee, also called the Sea of Tiberias. A large crowd kept following him, because they saw the signs that he was doing for the sick. Jesus went up the mountain and sat down there with his disciples. Now the Passover, the festival of the Jews, was near. When he looked up and saw a large crowd coming toward him, Jesus said to Philip, "Where are we to buy bread for these people to eat?" He said this to test him, for he himself knew what he was going to do. Philip answered him, "Six months' wages would not buy enough bread for each of them to get a little." One of his disciples, Andrew, Simon Peter's brother, said to him, "There is a boy here who has five barley loaves and two fish. But what are they among so many people?" Jesus said, "Make the people sit down." Now there was a great deal of grass in the place; so they sat down, about five thousand in all. Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. When they were satisfied, he told his disciples, "Gather up the fragments left over, so that nothing may be lost." So they gathered them up, and from the fragments of the five barley loaves, left by those who had eaten, they filled twelve baskets. When the people saw the sign that he had done, they began to say, "This is indeed the prophet who is to come into the world." When Jesus realized that they were about to come and take him by force to make him king, he withdrew again to the mountain by himself.

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

JOHN 6:1-15

A READING FROM THE SECOND BOOK OF Ezeckiel

The whole Israelite community grumbled against Moses and Aaron. The Israelites said to them,

"Would that we had died at the LORD's hand in the land of Egypt, as we sat by our fleshpots and ate our fill of bread!
But you had to lead us into this desert to make the whole community die of famine!"

Then the LORD said to Moses,
"I will now rain down bread from heaven for you.
Each day the people are to go out and gather their daily portion; thus will I test them,
to see whether they follow my instructions or not.

"I have heard the grumbling of the Israelites.
Tell them: In the evening twilight you shall eat flesh, and in the morning you shall have your fill of bread, so that you may know that I, the LORD, am your God."

In the evening quail came up and covered the camp.
In the morning a dew lay all about the camp,
and when the dew evaporated, there on the surface of the desert
were fine flakes like hoarfrost on the ground.
On seeing it, the Israelites asked one another, "What is this?"
for they did not know what it was.
But Moses told them,
"This is the bread that the LORD has given you to eat."

The word of the Lord

Ex 16:2-4, 12-15

Responsorial PsalmPsalm 78:3-4, 23-24, 25, 54

REFRAIN The Lord gave them bread from heaven.

What we have heard and know, and what our fathers have declared to us, We will declare to the generation to come the glorious deeds of the LORD and his strength and the wonders that he wrought.

R. The Lord gave them bread from heaven.

He commanded the skies above and opened the doors of heaven; he rained manna upon them for food and gave them heavenly bread.

R. The Lord gave them bread from heaven.

Man ate the bread of angels, food he sent them in abundance.
And he brought them to his holy land, to the mountains his right hand had won.

R. The Lord gave them bread from heaven.

A READING FROM THE LETTER OF PAUL TO THE EPHESIANS

Brothers and sisters:
I declare and testify in the Lord
that you must no longer live as the Gentiles do,
in the futility of their minds;
that is not how you learned Christ,
assuming that you have heard of him and were taught in him,
as truth is in Jesus,
that you should put away the old self of your former way of life,
corrupted through deceitful desires,
and be renewed in the spirit of your minds,
and put on the new self,
created in God's way in righteousness and holiness of truth.

The word of the Lord.

Thanks be to God.

EPHESIANS 4:17, 20-24

The Lord be with you. And also with you.

The Holy Gospel of our Lord Jesus Christ according to John. **Glory to you, Lord Jesus Christ.**

When the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

The Gospel of Christ. **Praise to you, Lord Jesus Christ.**

JOHN 6:24-35

A READING FROM THE SECOND BOOK OF Kings

Elijah went a day's journey into the desert, until he came to a broom tree and sat beneath it. He prayed for death saying: "This is enough, O LORD! Take my life, for I am no better than my fathers." He lay down and fell asleep under the broom tree, but then an angel touched him and ordered him to get up and eat. Elijah looked and there at his head was a hearth cake and a jug of water. After he ate and drank, he lay down again, but the angel of the LORD came back a second time, touched him, and ordered, "Get up and eat, else the journey will be too long for you!" He got up, ate, and drank; then strengthened by that food, he walked forty days and forty nights to the mountain of God, Horeb.

The word of the Lord.

1 Kgs 19:4-8

Responsorial PsalmPsalm 34:2-3, 4-5, 6-7, 8-9

REFRAIN Taste and see the goodness of the Lord.

I will bless the LORD at all times; his praise shall be ever in my mouth. Let my soul glory in the LORD; the lowly will hear me and be glad. R. **Taste and see the goodness of the Lord.**

Glorify the LORD with me, Let us together extol his name. I sought the LORD, and he answered me And delivered me from all my fears. R. **Taste and see the goodness of the Lord.**

Look to him that you may be radiant with joy.
And your faces may not blush with shame.
When the afflicted man called out, the LORD heard,
And from all his distress he saved him.
R. Taste and see the goodness of the Lord.

The angel of the LORD encamps around those who fear him and delivers them. Taste and see how good the LORD is; blessed the man who takes refuge in him. R. **Taste and see the goodness of the Lord.**

A READING FROM THE LETTER OF PAUL TO THE EPHESIANS

Brothers and sisters:

Do not grieve the Holy Spirit of God, with which you were sealed for the day of redemption. All bitterness, fury, anger, shouting, and reviling must be removed from you, along with all malice. And be kind to one another, compassionate, forgiving one another as God has forgiven you in Christ.

So be imitators of God, as beloved children, and live in love, as Christ loved us and handed himself over for us as a sacrificial offering to God for a fragrant aroma.

The word of the Lord.

Thanks be to God.

EPHESIANS 4:30-5:2

The Lord be with you. And also with you.

The Holy Gospel of our Lord Jesus Christ according to John. **Glory to you, Lord Jesus Christ.**

Jesus said to the people, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty." Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven'?" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

JOHN 6:35, 41-51

A READING FROM THE FIRST BOOK OF PROVERBS

Wisdom has built her house, she has set up her seven columns; she has dressed her meat, mixed her wine, yes, she has spread her table.

She has sent out her maidens; she calls from the heights out over the city:
"Let whoever is simple turn in here;
To the one who lacks understanding, she says, Come, eat of my food, and drink of the wine I have mixed!
Forsake foolishness that you may live; advance in the way of understanding."

The word of the Lord.

Proverbs 9.1-6

Responsorial Psalm...... Psalm 34:2-3, 4-5, 6-7

Refrain Taste and see the goodness of the Lord.

I will bless the LORD at all times; his praise shall be ever in my mouth. Let my soul glory in the LORD; the lowly will hear me and be glad. R. **Taste and see the goodness of the Lord.**

Glorify the LORD with me, let us together extol his name. I sought the LORD, and he answered me and delivered me from all my fears. R. Taste and see the goodness of the Lord.

Look to him that you may be radiant with joy, and your faces may not blush with shame. When the poor one called out, the LORD heard, and from all his distress he saved him.

R. Taste and see the goodness of the Lord.

A READING FROM THE LETTER OF PAUL TO THE EPHESIANS

Be careful then how you live, not as unwise people but as wise, making the most of the time, because the days are evil. So do not be foolish, but understand what the will of the Lord is. Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

The word of the Lord.

Thanks be to God.

EPHESIANS 5:15-20

The Lord be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to John. **Glory to you, Lord Jesus Christ.**

Jesus said to the people, "I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh." The Jews then disputed among themselves, saying, "How can this man give us his flesh to eat?" So Jesus said to them, "Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever."

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

JOHN 6:51-58

A READING FROM THE FIRST BOOK OF Joshua

Joshua gathered together all the tribes of Israel at Shechem, summoning their elders, their leaders, their judges, and their officers.

When they stood in ranks before God,
Joshua addressed all the people:

"If it does not please you to serve the LORD,
decide today whom you will serve,
the gods your fathers served beyond the River
or the gods of the Amorites in whose country you are now dwelling.
As for me and my household, we will serve the LORD."

But the people answered,
"Far be it from us to forsake the LORD
for the service of other gods.
For it was the LORD, our God,
who brought us and our fathers up out of the land of Egypt,
out of a state of slavery.
He performed those great miracles before our very eyes
and protected us along our entire journey
and among the peoples through whom we passed.
Therefore we also will serve the LORD, for he is our God."The word of the
Lord

Jos 24:1-2a, 15-17, 18b

Responsorial PsalmPsalm 34:2-3, 16-17, 18-19, 20-21

REFRAIN Taste and see the goodness of the Lord.

I will bless the LORD at all times; his praise shall be ever in my mouth. Let my soul glory in the LORD; the lowly will hear me and be glad. R. **Taste and see the goodness of the Lord.**

The LORD has eyes for the just, and ears for their cry.
The LORD confronts the evildoers, to destroy remembrance of them from the earth.
R. **Taste and see the goodness of the Lord.**

When the just cry out, the LORD hears them, and from all their distress he rescues them. The LORD is close to the brokenhearted; and those who are crushed in spirit he saves. R. **Taste and see the goodness of the Lord.**

Many are the troubles of the just one, but out of them all the LORD delivers him; he watches over all his bones; not one of them shall be broken.

R. Taste and see the goodness of the Lord.

A READING FROM THE LETTER OF PAUL TO THE EPHESIANS

Brothers and sisters:

Live in love, as Christ loved us.

Husbands, love your wives,

even as Christ loved the church

and handed himself over for her to sanctify her,

cleansing her by the bath of water with the word,

that he might present to himself the church in splendor,

without spot or wrinkle or any such thing,

that she might be holy and without blemish.

So also husbands should love their wives as their own bodies.

He who loves his wife loves himself.

For no one hates his own flesh

but rather nourishes and cherishes it,

even as Christ does the church,

because we are members of his body.

For this reason a man shall leave his father and his mother and be joined to his wife,

and the two shall become one flesh.

This is a great mystery,

but I speak in reference to Christ and the church.

The word of the Lord.

Thanks be to God.

EPHESIANS 5.2a, 25-32

The Lord be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to John. Glory to you, Lord Jesus Christ.

Many of Jesus' disciples who were listening said,
"This saying is hard; who can accept it?"
Since Jesus knew that his disciples were murmuring about this,
he said to them, "Does this shock you?
What if you were to see the Son of Man ascending
to where he was before?
It is the spirit that gives life,
while the flesh is of no avail.

The words I have spoken to you are Spirit and life.

But there are some of you who do not believe."

Jesus knew from the beginning the ones who would not believe and the one who would betray him.

And he said,

"For this reason I have told you that no one can come to me unless it is granted him by my Father."

As a result of this,

many of his disciples returned to their former way of life and no longer accompanied him.

Jesus then said to the Twelve, "Do you also want to leave?" Simon Peter answered him, "Master, to whom shall we go? You have the words of eternal life.

We have come to believe

and are convinced that you are the Holy One of God."

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

JOHN 6:60-69